

# Machzor for Yom Kippur

## for Alissa



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אֲדֹנָי שְׁפָתַי תִּפְתָּח  
וּפִי יַגִּיד תְּהִלָּתְךָ:

Adonai sefatai teeftach  
u-fee yageed te-heelatecha

O my God,  
open up my lips  
that my mouth may declare  
your glory.

Thank you, God.

You are the God of Abraham.

You are the God of Isaac.

You are the God of Jacob.

Please, God, write our names in  
the book of life.

מִזְרִיד הַטַּל:

Moreed ha-tal.

You pick up people  
who fall.

You heal people  
who are sick.

You free people  
who are trapped.

You are holy,  
and your name is holy.

Thank you, God, the holy king.

You gave us this holy day of  
Yom Kippur.

On Yom Kippur,  
you forgive our sins.

Thank you, God,  
for Yom Kippur.

Please build the temple again,  
so we can pray to you there.

Please write our names  
in the book of life.

Thank you, God, for everything.

Please, God, send peace to us.  
Send peace to Israel.

Write us in your book of peace.

עֲשֵׂה הַשְׁלוֹם בְּמִדְבָּרֵינוּ,  
הוּא יַעֲשֵׂה שְׁלוֹם עָלֵינוּ.  
וְעַל כָּל יִשְׂרָאֵל וְאָמְרוּ: אֲמֵן.

Oseh HA-shalom beem-ro-mav,  
Hu ya-a-seh shalom ah-lay-nu  
Ve-al kol Yis-ra-el.  
Ve-eem-ru Amen!

Dear God,

We will not lie to you.

We will not say "I did not sin."

We have sinned,

And we are sorry:

A. We have been angry.

B. We have bullied.

C. We have cheated.

D. We have disobeyed parents  
and teachers.

E. We have eaten things we  
should not.

F. We have fought.

G. We have been greedy.

For all these sins, O God,  
we are sorry. Please forgive us.

H. We have hurt people.

I. We have insulted people.

J. We have joked when we  
should have been serious.

K. We have kicked people.

L. We have lied.

For all these sins, O God,  
we are sorry. Please forgive us.

- M. We have made messes.
- N. We have been naughty.
- O. We have been obstinate.
- P. We have picked on people.
- Q. We have quarreled.
- R. We have robbed.

For all these sins, O God,  
we are sorry. Please forgive us.

- S. We have spilled secrets.
- T. We have tattled.
- U. We have been unfriendly.
- V. We have been violent.
- W. We have wasted food.
- X. We have made up excuses.
- Y. We have yelled.
- Z. We have forgotten Zion  
(Jerusalem).

For all these sins, O God,  
we are sorry. Please forgive us.

Our Father, our King,  
we have sinned against you.

Our Father, our King,  
forgive us!

Our Father, our King,  
remember our mitzvot!

Our Father, our King,  
write our names  
in the book of life!

Our Father, our King,  
write our names  
in the book of good health!

Our Father, our King,  
write our names  
in the book of enough food!

Our Father, our King,  
show us mercy!