

Our Father, our King,
we have sinned against you.

Our Father, our King,
forgive us!

Our Father, our King,
remember our mitzvot!

Our Father, our King,
write our names
in the book of life!

Our Father, our King,
write our names
in the book of good health!

Our Father, our King,
write our names
in the book of enough food!

Our Father, our King,
show us mercy!

Machzor for Yom Kippur

for Alissa



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אֲדֹנָי שְׁפָתַי תִּפְתָּח
וּפִי יַגִּיד תְּהִלָּתְךָ:

Adonai sefatai teeftach
u-fee yageed te-heelatecha

O my God,
open up my lips
that my mouth may declare
your glory.

For all these sins, O God,
we are sorry. Please forgive us.

M. We have made messes.
N. We have been naughty.
O. We have been obstinate.
P. We have picked on people.
Q. We have quarreled.
R. We have robbed.

For all these sins, O God,
we are sorry. Please forgive us.

S. We have spilled secrets.
T. We have tattled.
U. We have been unfriendly.
V. We have been violent.
W. We have wasted food.
X. We have made up excuses.
Y. We have yelled.
Z. We have forgotten Zion
(Jerusalem).

For all these sins, O God,
we are sorry. Please forgive us.

Dear God,

We will not lie to you.
We will not say "I did not sin."
We have sinned,
And we are sorry:

- A. We have been **a**ngry.
- B. We have **b**ullied.
- C. We have **c**heated.
- D. We have **d**isobeyed parents
and teachers.
- E. We have **e**aten things we
should not.
- F. We have **f**ought.
- G. We have been **g**reedy.

For all these sins, O God,
we are sorry. Please forgive us.

- H. We have **h**urt people.
- I. We have **i**nsulted people.
- J. We have **j**oked when we
should have been serious.
- K. We have **k**icked people.
- L. We have **l**ied.

Thank you, God.

You are the God of Abraham.

You are the God of Isaac.

You are the God of Jacob.

Please, God, write our names in
the book of life.

מוריד הטל:

Moreed ha-tal.

You pick up people
who fall.

You heal people
who are sick.

You free people
who are trapped.

You are holy,
and your name is holy.

Thank you, God, the holy king.

You gave us this holy day of
Yom Kippur.

On Yom Kippur,
you forgive our sins.

Thank you, God,
for Yom Kippur.

Please build the temple again,
so we can pray to you there.

Please write our names
in the book of life.

Thank you, God, for everything.

Please, God, send peace to us.
Send peace to Israel.

Write us in your book of peace.

עֲשֵׂה הַשְׁלוֹם בְּמִרוֹמָיו,
הוּא יַעֲשֶׂה שְׁלוֹם עָלֵינוּ,
וְעַל כָּל יִשְׂרָאֵל וְאַמְרוּ: אָמֵן.

Oseh HA-shalom beem-ro-mav,
Hu ya-a-seh shalom ah-lay-nu
Ve-al kol Yis-ra-el.
Ve-eem-ru Amen!